

# Flips Spring News

## March/April 2009



### Flips Annual All-Around

#### Meet

Our meet will be held on Sunday March 29th. \*\*This is a date change from the calendar\*\*

Children 6 & older are welcome to compete in 1-4 events at the approval of their instructor. Please note a certain level of achievement on each event must be met before a student can compete.

Deadline for sign-up is March 21st.

#### **No Exceptions!**

This is a very exciting opportunity for the gymnast to put together skills and confidence in a win-win situation.



### Fundraiser

For our 17th year in a row, FLIPS is proud to hold its annual  
**HOP-A-THON**

This event raises money for St.. Judes Children Hospital and MDA.

We will hold the Hop-a-thon for 15 minutes during class time the week of March 30th-April 4th. Prizes will be awarded to the top fundraisers!

Thank you for your continued support.

### Spring Camp

Camp registration will begin March 16th.

\*\*Camp will run on Tues. April 7th, Wed. April 8th, and Thurs. April 9th. Hours will be 9:00am-12:00pm

\*\*Cost is \$45 /one day.

\$90/two days.

\$125/three days.\*\*

### SUMMER PROGRAMS

We are now taking registration for Summer Camp and Classes!

See office for additional details

### Gymfest Information

It is again that time of year where we will order outfits for our annual "GYMFEST" show. This year our outfits will include GK brand velvet tank solid black leotard which will have the Flips logo on the front. Every class will have their own individual velvet color shorts. The cost will be \$45 for bodysuit, shorts, and black scrunchie. Sizes will be available shortly for fitting purposes.

Boys will wear a black tank-top with the Flips logo, and grey shorts. Be on the lookout for additional information to follow.